

Spokane Valley Office
16010 E Indiana Ave, Spokane Valley, WA 99216

Coeur d'Alene Office
Riverstone Shopping Center- 2175 N Main St, Coeur d'Alene, ID 83814



Thank you for choosing **Empire Eye Physicians** for your comprehensive and surgical eye care needs! Please review the following cataract surgical checklist to ensure you're prepared for your upcoming procedure.

Cataract Surgery Day Checklist:

- ✓ **Please arrange for a responsible adult to drive and accompany you on surgery day. Your driver must stay during check-in and take you home after surgery.** You cannot drive yourself, and we cannot release you to a taxi or rideshare. If you can't find a driver, your insurance may cover transportation. **Surgery will be canceled if no responsible adult is present.** The visit typically lasts 2–3 hours. We also recommend a driver for your post-op appointment the next day.
- ✓ **Pre-Operative Restrictions or Fasting Instructions:**
 - ★ No drinking alcohol or smoking for at least **24 hours prior to your arrival.**
 - ★ **No solid food or milk products for at least 8 hours prior to your arrival.**
 - ⊘ **This includes meat, fried or fatty foods, cheeses, cereal, toast, milk, yogurt, creamers, etc.**
 - ★ Clear liquids are encouraged up **until** 2 hours prior to your arrival. This includes:
 - ✓ This includes water, apple or white grape juice (no pulp), gatorade or other clear sports drinks, and black coffee or clear tea (no milk, cream or creamer)
 - ★ Nothing by mouth (including water, gum, tobacco, mints, etc), for **2 hours prior to your arrival.**
 - ★ **Take all prescribed medications with only a small sip of water. Diabetics: Take your insulin as usual.**
 - ★ If you have diabetes, obesity, acid reflux, or take GLP1's, please **alert** your Surgical Team.
- ✓ Wash your face thoroughly the morning of surgery. **Do not wear makeup, perfume, false eyelashes, or jewelry.**
- ✓ Wear loose, comfortable clothing. **Do not wear anything that is considered restrictive.**
- ✓ **Prescription Eye Drops (select one option):**
 - ☐ **Combo Drop (from our clinic)** - Start the day before surgery unless otherwise instructed. Use one drop 4 times daily and continue as directed, including on surgery day. Continue glaucoma drops as instructed.
 - ☐ **Prednisolone, Ketorolac, and Ofloxacin (from your pharmacy)** - Start the day before surgery. Use Prednisolone 4 times daily, Ofloxacin 4 times daily (may be substituted for Moxifloxacin), and Ketorolac 3 times daily. Wait 2 minutes between drops. A tracking sheet will be provided after surgery.

- ✓ Please bring a printed list of all medications, along with your surgery eye drops with you to your surgery.
- ✓ Please be prepared to pay any remaining surgery fees at check-in if not paid in advance. We accept Visa, MasterCard, American Express, Discover, Care Credit, checks, and exact cash. **You may receive a separate bill for insurance balances or lab services.**

If you have any questions prior to your surgical appointment, please call our office at (509) 928-8040 and follow the prompts to be connected to your respective surgical coordinator.